



**MINUTES OF  
ALAMEDA YOUTH ADVISORY COMMISSION  
MEETING FOR DECEMBER 14, 2010**



**DATE:** Tuesday, December 14, 2010  
**TIME:** 5:01 p.m.  
**PLACE:** Room 360, City Hall, corner of Santa Clara Avenue and Oak Street,  
Alameda, CA 94501

**1. ROLL CALL**

**Present:** Chairperson Jordan Flores, Vice-Chairperson Samantha Chin,  
Commissioner Carrie Huang, Amanda Khoo (Late), Danielle McGuinness (Late),  
Jeanette Mei (Late), Mary Orbeta, Leigh Pond (Late), Bhaani Singh

**Staff:** Patrick Russi, Recreation Supervisor (RS)  
Andy Wong, Teen Coordinator (TC)

**2. APPROVAL OF MINUTES: November 9, 2010**

Minutes of November 9, 2010, Youth Advisory Commission Meeting

**M/S/C Singh / Chin (Approved)**

**“That the Minutes of October 12, 2010 Youth Advisory Commission meeting are approved.”**

**Approved (4):** Chairperson Jordan Flores, Vice-Chairperson Samantha Chin,  
Commissioners Jeanette Mei and Bhaani Singh.

**Abstentions (5):** Commissioners Carrie Huang, Amanda Khoo, Danielle McGuinness, Mary  
Orbeta and Leigh Pond.

**3. ORAL COMMUNICATIONS, AGENDA**

**None**

**4. WRITTEN COMMUNICATIONS**

**None**

**5. NEW BUSINESS**

- A.** Co-sponsoring “Play Again” with East Bay Regional Parks and Alameda Free Library -  
Sharol Nelson-Embry, East Bay Regional Park District (EBRP)  
(Discussion / Action Item)

Ms. Nelson-Embry, from EBRP, stated that "PLAY AGAIN" will be screening at Alameda Free Library, this documentary follows six teenagers who, like the "average American child," spend five to fifteen hours a day behind screens. "PLAY AGAIN" unplugs these teens and takes them on their first wilderness adventure – no electricity, no cell phone coverage, no virtual reality.

Ms. Nelson-Embry asked the AYAC on what activities they like to in front of "Screens".

*The Commission stated college applications, Facebook, You-Tube, homework, internet-TV, music, texting / instant messaging, movies, video chatting.*

Ms. Nelson-Embry than asked what outdoor activities the AYAC do?

*The Commission stated jogging, softball, tennis, golf, watch the sun setting, beach, a walk, horseback riding, and swimming.*

Ms. Nelson-Embry asked on average, how many hours the spending on "screens"?

The Commission stated hours ranging from 2-6 hours (weekday); and 7-12 hours (weekends)

Ms. Nelson-Embry asked on average, how many hours the spending on "outdoor activities"?

The Commission stated hours ranging from 2-4 hours (weekday); and 4-8 hours (weekends) are the majority.

Ms. Nelson-Embry stated on the national average for teens being on Screens are 5-15 hours a day; as a result, it leads to higher rate of negative health effects like increase in diabetes, obesities, less physical activities.

After viewing a trailer of the "PLAY AGAIN", Ms. Nelson-Embry requested the AYAC to co-sponsor, and promote the screening. She concluded her presentation with inviting the AYAC to attend the screening on Thursday, January 6, 2011, 7:00 PM - 8:30 PM, Alameda Free Library.

**M/S/C            McGuinness / Huang            (Unanimously Approved)**

**"The Youth Advisory Commission will support the screening of "PLAY AGAIN" on Thursday, January 6, 2011, 7:00 PM through 8:30 PM, at Alameda Free Library, by co-sponsoring the event and assist in promoting the event to other youth."**

## **6. UNFINISHED BUSSINESS**

### **A. Community Service Resource Guide for students            (Discussion / Action Item)**

Chairperson Flores updated the new Youth Commissioners on the how the Community Service Resource Guide for Alameda students evolved, and the current status of the updates on the Guide. R/S also stated that the new Youth Commissioners can still provide input on the Guide. Both R/S Russi and Chairperson Flores reminded the Youth Commissioners to review, and respond to the draft, and hopefully finalize the guide at the upcoming meeting in January 11, 2011.

### **B. Report on Alameda Youth Speaks            (Discussion)**

Commissioner Chin and Mei, attended the Alameda Youth Speaks on Nov. 17<sup>th</sup>, Wood Middle School. They met Mike Noonan, Interim Chief of Alameda Police. Discussion topics at the meeting included Teen Volunteer programs, The Explorers, Watch Programs, and Ride-a-long.

Chairperson Flores stated that it is important to have youth representation and voice there at the meeting. Commissioner Singh also stated that the Youth Advisory had made a commitment have an

AYAC member to attend these meetings so the Commissioners can bring back and share some of the information.

## **7. ORAL COMMUNICATIONS, GENERAL**

R/S Russi stated that there are seasonal holiday events in Alameda, on Park Street and Webster Street, which includes: movies, arts, crafts, food. Calendar of events is available at the ARPD office, and at Park sites.

R/S Russi thanked Commissioner Singh for assisting at the Mayor's Holiday Tree Lighting, which happened on Saturday, December 4<sup>th</sup>, at City Hall. Commissioner Singh stated that there were many people who attended the event.

R/S Russi stated that volunteers are needed to assist at the Alameda's first ever Community Christmas Day Dinner on Saturday, December 25th, at Angela's Bistro (on Central Ave. and Oak St.).

## **8. Next Meeting Date:**

**Tuesday, January 11, 2011; 5:00 PM**

## **9. Adjournment 6:04 PM**